



# MENTORSHIP JOURNEY



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# Disclosures

## ERP

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- UpToDate

## EJF

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- Speaker honoraria

# Acknowledgements



Elyse R. Park, PhD, MPH



Kelly E. Irwin, MD, MPH



Ruth C. Carlos, MD, MS



“REMAIN OPEN TO OPPORTUNITIES BECAUSE YOU DON’T KNOW HOW OR WHEN THEY WILL PRESENT” – ANTHONY FAUCI, MD

# Video snippet



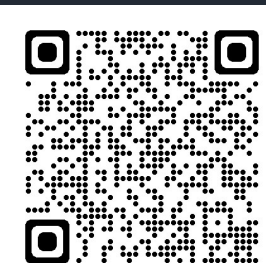
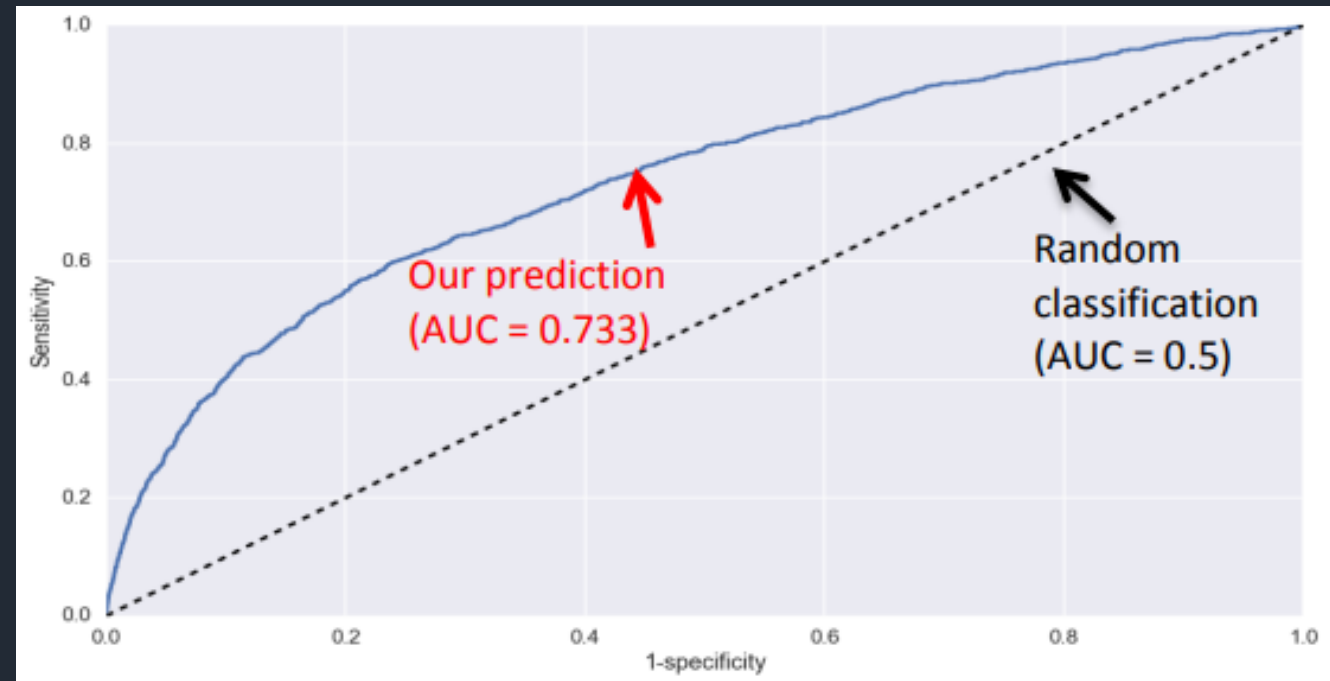
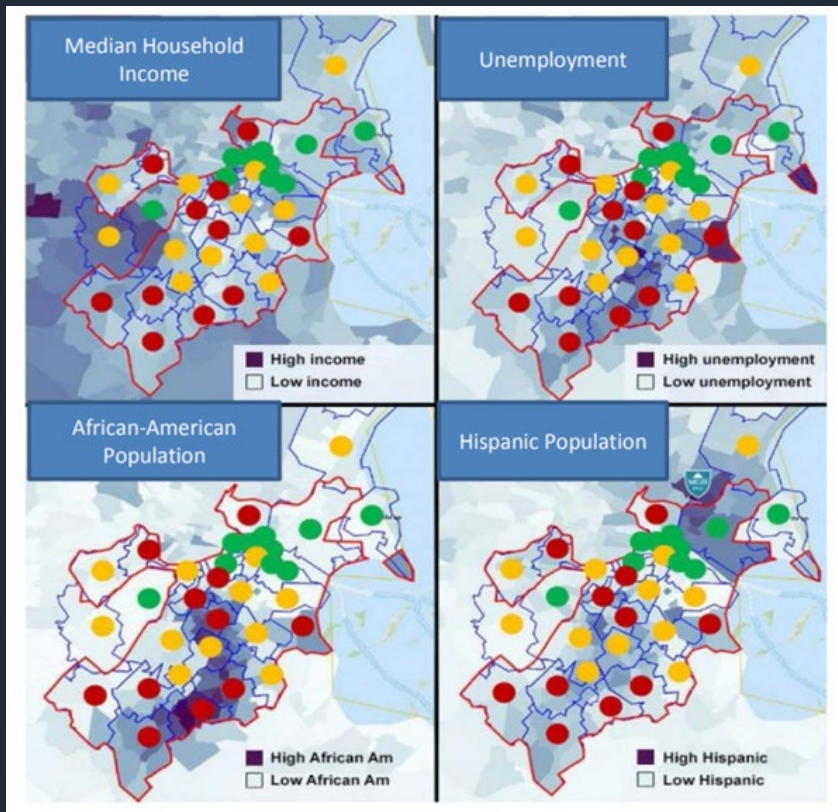
Courtesy of Dan B. Chonde, MD, PhD | @DanChondeMD



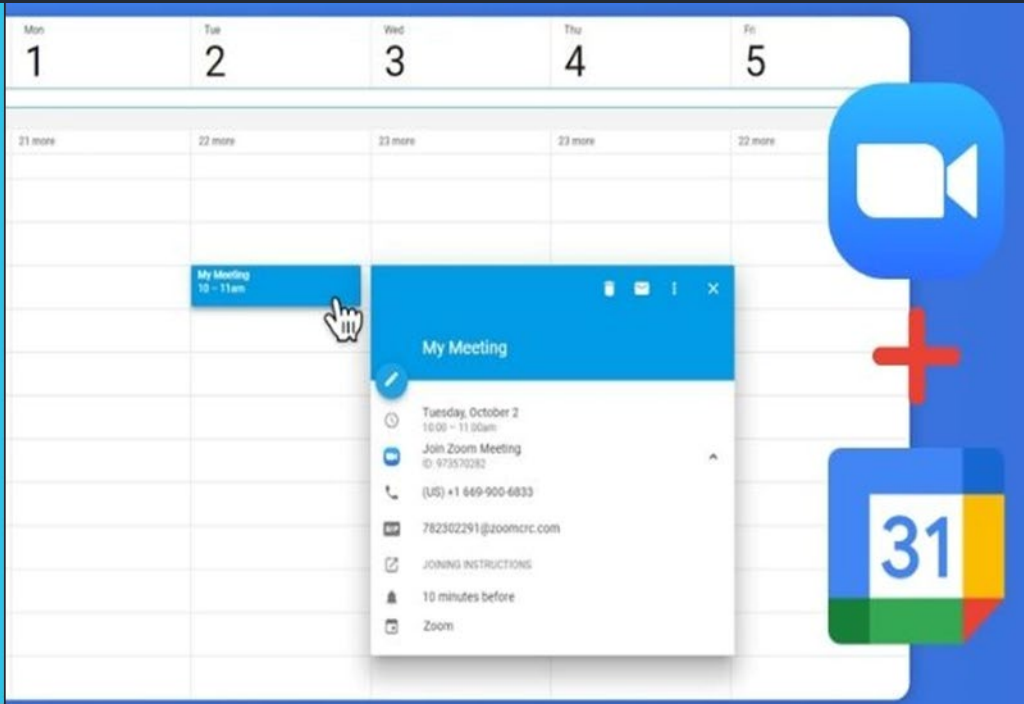
# HOW WE MET? BY FAILING UP

## Failing and Failing Up

David Fessel, MD; Frank J. Lexa, MD, MBA; Hannah M. Zafar, MD, MHS



# HOW OFTEN DO WE MEET?



# STRENGTH IN COLLECTIVE EXPERIENCES

## Cultural Background



## Diversity of Ideas

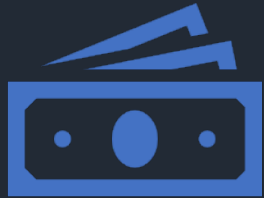


## Clinical Experiences





# WHAT PRODUCTIVE RESULTS HAVE COME OUT OF THE MENTORING RELATIONSHIP?



Grants & Career  
Development



Friendship



Fun

# MENTORSHIP CHALLENGES: FINDING ALIGNMENT



**Mentee's  
Ideas & Passion**

**Career Development  
Opportunities  
OVERWHELMING**



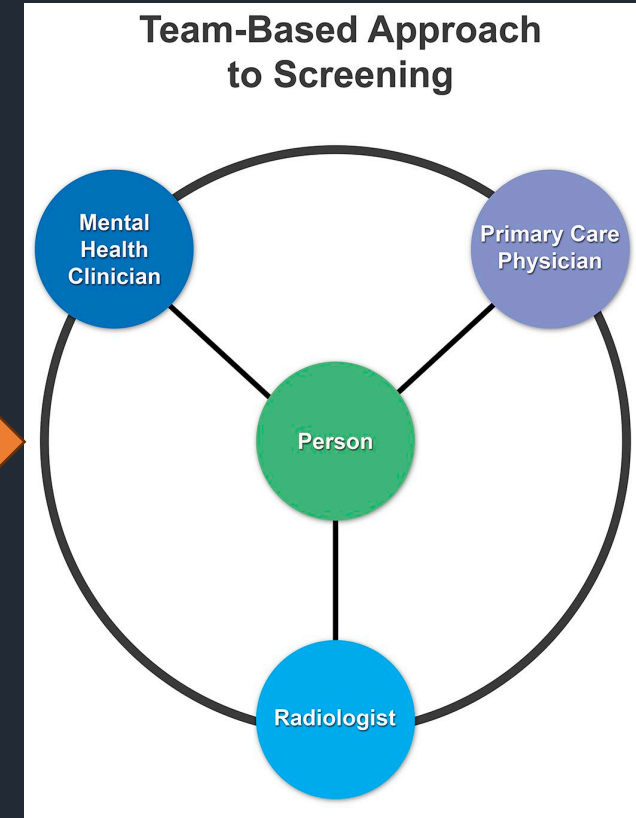
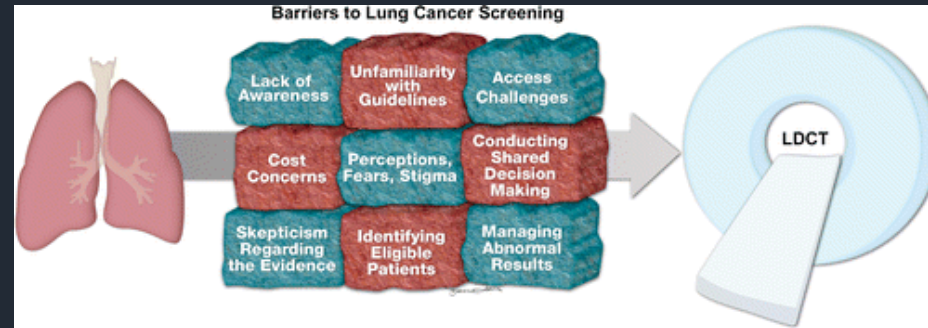
# ALIGNMENT OF IDEAS BUILDS RELATIONSHIPS

## Dr. Park: Tobacco Cessation Interventions

### Benefits of Quitting Smoking:



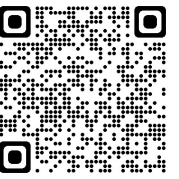
## Lung Cancer Screening Collaboration



## Dr. Irwin: Access for People with SMI



TOGETHER WE WILL ENSURE THAT MENTAL ILLNESS IS NEVER A BARRIER TO CANCER CARE



# Supporting the Cancer Research Workforce



Middle/High School Students



Pre- & Post-Baccalaureates



Graduate & Medical Students

NCI Invests  
in Scientists  
at Every  
Career Stage



Postdoctoral Research & Clinical Fellows



Early-Career Investigators



Established Investigators



# A MENTOR GUIDES YOUR CAREER DEVELOPMENT



2018



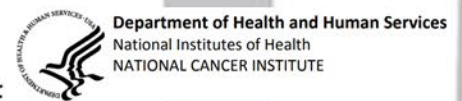
2019



2020



2021



2023

# ADVICE FOR THOSE STRUGGLING WITH A MENTOR



WHAT ADVICE TO YOU RECOMMEND WHEN STRUGGLING?  
EMBRACE THE JOURNEY'S UPS & DOWNS

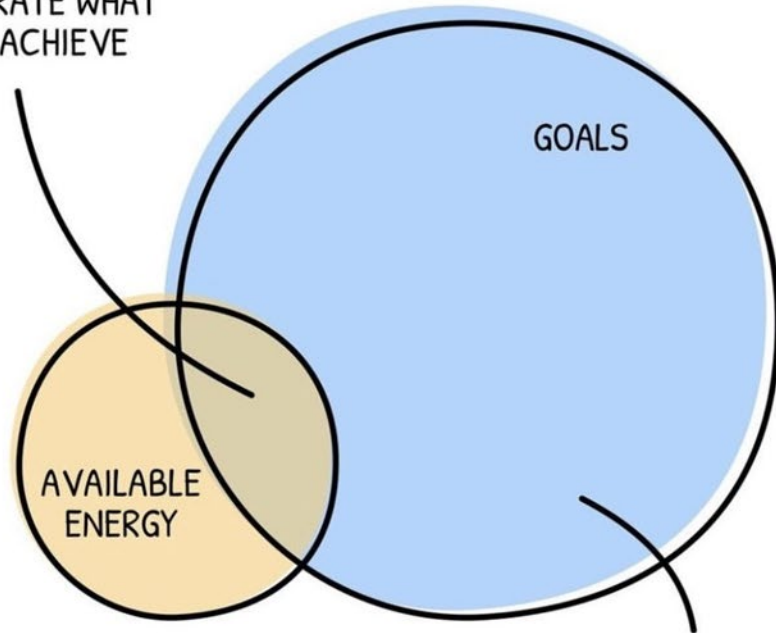


# INTERVENTIONS STRATEGIES WHEN STRUGGLING IN MENTORSHIP RELATIONSHIP

Celebrate all wins regardless of size

Mentorship by committee is dynamic

CELEBRATE WHAT  
YOU ACHIEVE



INSTEAD OF PUNISHING  
YOURSELF FOR NOT DOING THESE

